

## September Breakfast Menu

2022

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Pancake on a Stick	Cereal
			Fruit	Fruit
			Milk	Milk
5	6	7	8	9
No School	Banana Bread	Coffee Cake	Pizza Bagel	Cinnamon Roll
Labor Day	Fruit	Fruit	Fruit	Cheese Stick
	Milk	Milk	Milk	Fruit
				Milk
12	13	14	15	16
French Toast	English Muffin	Blueberry Bagel	Pancake on a Stick	Breakfast Sandwich
Fruit	Breakfast Scramble	Fruit	Fruit	Fruit
Milk	Fruit	Milk	Milk	Milk
	Milk			
19	20	21	22	23
Chef's Choice	Strawberry Mini Bagels	Coffee Cake	Pizza Bagel	Cinnamon Roll
Fruit	Fruit	Fruit	Fruit	Cheese Stick
Milk	Milk	Milk	Milk	Fruit
				Milk
26	27	28	29	30
French Toast	English Muffin	Blueberry Bagel	Pancake on a Stick	Breakfast Sandwich
Fruit	Breakfast Scramble	Fruit	Fruit	Fruit
Milk	Fruit	Milk	Milk	Milk
	Milk			

This institution is an equal opportunity employer

<sup>\*</sup>Menu is subject to change



## September Lunch Menu

2022

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Chicken Nuggets	PIZZA!
Tomatoes			Mashed Potatoes	Salad Ponting
Harvest			Artisan Roll	Choice of Fruit and Veggies
of the			Choice of Fruit and Veggies	Choice of Milk
Month Was			Choice of Milk	
5	6	7	8	9
No School	Crunchy Tacos	Hot Dog	Chicken Nuggets	PIZZA!
Labor Day	Spanish Rice	Macaroni and Cheese	Mashed Potatoes	Salad Ponting
	Choice of Fruit and Veggies	Choice of Fruit and Veggies	Artisan Roll	Choice of Fruit and Veggies
	Choice of Milk	Choice of Milk	Choice of Fruit and Veggies	Choice of Milk
			Choice of Milk	
12	13	14	15	16
Corn Dog	Cheeseburger	Teriyaki Dippers	Chicken Nuggets	PIZZA!
Baked Beans	Tater Tots	Rice	Mashed Potatoes	Salad Popular
Choice of Fruit and Veggies	Choice of Fruit and Veggies	Choice of Fruit and Veggies	Artisan Roll	Choice of Fruit and Veggies
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Fruit and Veggies	Choice of Milk
			Choice of Milk	
19	20	21	22	23
Lasagna	Taquitos	BBQ Pork Patty Sandwich	Chicken Nuggets	PIZZA!
Garlic Knot	Refried Beans	Macaroni and Cheese	Mashed Potatoes	Salad Portugues
Choice of Fruit and Veggies	Choice of Fruit and Veggies	Choice of Fruit and Veggies	Artisan Roll	Choice of Fruit and Veggies
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Fruit and Veggies	Choice of Milk
			Choice of Milk	
26	27	28	29	30
Corn Dog	Cheeseburger	Taco Pocket	Chicken Nuggets	PIZZA!
Baked Beans	Tater Tots	Spanish Rice	Mashed Potatoes	Salad Portun
Choice of Fruit and Veggies	Choice of Fruit and Veggies	Choice of Fruit and Veggies	Artisan Roll	Choice of Fruit and Veggies
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Fruit and Veggies	Choice of Milk
			Choice of Milk	

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## September Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Cereal	Granola Bar
			Milk	Fresh Fruit
5		7	8	9
No School	Sunflower Seeds	Bean and Cheese Burrito	Applesauce	Chef's Choice
Labor Day	Banana		Cheez-Its	
12	13	14	15	16
Apple Slices	Cheese Stick	Graham Crackers	Cereal	Granola Bar
Wowbutter	Fruit Cup	Juice	Milk	Fresh Fruit
19	20	21	22	23
Cereal Bar	Sunflower Seeds	Bean and Cheese Burrito	Applesauce	Chef's Choice
Milk	Banana		Cheez-Its	
	0-	7	00	00
26				30
Apple Slices	Cheese Stick	Graham Crackers	Cereal	Granola Bar
Wowbutter	Fruit Cup	Juice	Milk	Fresh Fruit

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Under California's Universal Meals Program, all public school students in grades transitional kindergarten through 12, regardless of their parents' income, are eligible for free breakfast and lunch.